

Workshop + Creative + Training + Event Space





ABOUT OUR STUDIO

Welcome to our Inna Essence Studio Space. Located in the centre of Underwood on the southside of Brisbane, our light filled space is so unique and special.

Our Studio has a comfortable & welcoming reception area and a warm & beautiful energy. Our space is perfect for workshops, yoga classes, women's circles, sound healings, seminars, photoshoots, intimate events, training sessions and more.

Studio 1 is a large floor space with 2 window filled walls, mirrors, yoga props and a wall length ballet barre.

Studio 2 is a spacious room with Pilates equipment such as reformers, stability chairs, arc barrel and a cadillac.

WE WOULD LOVE TO WELCOME YOU TO OUR SPACE





ABOUT OUR SPACES

STUDIO 1

100 square metres Up to 50 people standing 2 x Wooden trestle tables 20 folding chairs Yoga Bolsters & Blankets **Exercise Mats & Props** Kitchenette access Toilets on the same level **Fully Air-conditioned** Private balcony **Ballet Barre** Mirrors **Light Filled** Floor to ceiling windows w/ sheer draped curtains Wheelchair accessible Free short term parking on site

STUDIO 2

80 square metres **10 Merrithew Reformers** (1 with tower) **5 Merrithew Stability Chairs** 1 Merrithew Arc Barrel **1 Merrithew Cadillac Exercise Mats & Props** Kitchenette access Toilets on the same level **Fully Air-conditioned** Private balcony Mirrors **Light Filled** Floor to ceiling windows w/ sheer draped curtains Wheelchair accessible Free short term parking on site

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WHO

Inna Essence will happily hire our studio to you if your event is a good match with our values and presents no risk to our name, our venue and our relationship with our landlord.



Availability of the space is dependent on our Studio Timetable and may vary. Please get in touch to inquire about your dates / times.



The hire fees are as follows: Minimum 2 Hours - \$200 inc. GST \$50 per hour inc. GST for each hour thereafter Please include your set-up and break down times. Please contact us to discuss if needed.



Please note that you must be covered by your own professional and public liability insurance to a minimum of ten million dollars (\$10,000,000). You must submit your Certificate of Currency at the time of your application for hire.





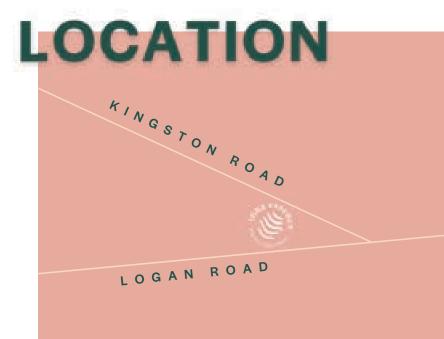


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FINE PRINT

- Bookings require a 50% deposit to secure time/date
- Full payment must be made no later than 1 weeks prior to event date.
- If your event is within 1 weeks of booking date full payment must be made at time of booking.
- We may require a \$200 fully refundable security bond & cleaning fee for larger events.
- Bookings cancelled between 1-3 weeks will be subject to a \$50 cancellation fee.
- Cancellation of bookings within a 7 day period may not be refunded.





We are located in the South City Complex at 3245 Logan Road, Underwood 4119 The complex is on the corner of Logan Road & Kingston Road. Inna Essence is on Level 1 with access to the studio via the side doors of the complex. Either through MiCasa Cafe or on the McDonalds side.

Nnaessence.con







My team from Driving Well Occupational Therapy had a lovely experience hiring the Inna Essence studio for our first ever team planning meeting. When making plans for our planning meeting, I knew that I wanted to utilise a different space that was removed from the daily grind, where we could feel creative, inspired, nurtured and nourished, so we could do some planning and some dreaming. The space that I knew would deliver this in spades was the Inna Essence Studio.





Anna made the booking process so easy... and she had everything we needed – we set-up the large wooden table and folding chairs in the far corner of the studio, brought large butchers paper and sticky postit notes to be able to get our brainstorming out of our heads, and we took some time for self-compassion and meditation on the floor.

And we had lunch at Mi Casa cafe downstairs!

innaessence.com





Sacred Women's Circle with Reiki by Saira

Paint & Sip Evening



Professional photo shoot w/ headshots



DO YOU NEED A PHOTOGRAPHER?

One of Inna Essence's owners - Andrea - is a talented photographer and can be booked to assist you with capturing your event or creating beautiful photos for your photoshoot.

Let us know in your Studio Hire Application form if you would like a quote for photography services and Andrea will get in touch.

> Explore her work andreacreighton.com.au @andrea_creighton





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Andrea & Anna xo

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